Re-engaging the workforce after strike action

Since 2019, there has been an increase in employee-led change¹ and strike action across the UK has risen to the highest in more than a decade across a multitude of organizations and industries² – a clear indication that employees are becoming more vocal about their needs and, more importantly, willing to take drastic action if those needs are not met. This evolution, which we call the 'Talent Uprising', reflects the power shift that is reshaping the employer-employee relationship, as employees now have a stronger hand in dictating the terms of their employment.

The most recent surge in employee strike action is mostly driven by concerns over real wage decline as inflation soars. Inflation rates in the UK have reached a 30-year high³ and they have exceeded 10% in the EU.⁴ Many employees are seeking increased pay that is in line with today's inflation rates. Employees also continue to be impacted by significantly increased living costs driven by rising energy prices, primarily a result of the invasion of Ukraine and European efforts to move away from the dependence on Russian oil and gas.

Strike action can be thought of as a breakdown in the relationship between the organization and its people. When this connection is weakened and not carefully tended to, employees can feel that their concerns and needs are not being responded to, which in turn leads to reduced trust in leadership, lower sense of belonging ('in this together') and ultimately lower levels of employee engagement. When this happens, employees will turn to unions to help amplify their voice and take more dramatic action, like striking, to ensure they are being heard.

In general, employees have shown strong ties with their respective unions, who are not only ensuring that their members' pay-related (and other concerns) are being heard, but that the union bodies are also seen to be actively working toward solving their needs.

Organizations can take a page from the union playbook and take steps to strengthen the connection and commitment of their employees, making them feel part of a community that they add value to and that, in turn, values them. This is especially important when it comes to recovering connections after strike action.



Lessons learned from working with clients who have recovered from strike action suggest two key elements need to be assessed and addressed to help rebuild relationships post-strike: the relationship between leaders prior to the event (good relations prior = less repair needed) and length of the strike (longer strikes = more repair needed). This illuminates the critical importance of the



relationship between leaders and their employees in resolving issues quickly and effectively.

In order for organizations to recover and move forward efficiently and successfully after strike action and prevent potential future strikes, leaders should focus on two areas:

- Increasing trust 1. and visibility with employees
- Recommitting to 2. a path moving forward



Increasing trust and visibility with employees

Restoring and rebuilding trust is the essential component in enabling teams to reconnect with their organization and ensure they are on board with the future path set out by their leadership teams. Trust is the foundation for effective working relationships. It's essential to ensuring collaboration, increased creativity and risk-taking, effective execution of strategy, and fueling organizational commitment and loyalty.

Focusing on being a visible leader is key to building trust, and it shows commitment to genuinely understanding employees' challenges and needs. Through being visible and having conversations with your employees, leaders will get closer to understanding and identifying solutions to the current challenges. It is an opportunity to be human, be vulnerable and show up authentically to employees.

There are direct actions that leaders can take to build visibility and restore trust across the organization.

Lead with compassion and authenticity:

Show employees you care about them, understand the situation and the reason for the strike – and be consistent and sincere in thoughts, words and actions in all situations.

- Be intentionally present, both in person and **virtually:** Engage in two-way dialogue - not just telling but listening and responding. Don't shy away from difficult questions such as 'Where did we go wrong?' and 'What can we do differently next time?'
- > Focus on communicating openly and transparently with employees: Equip leaders by developing common messages that everyone on the leadership team can use in their presentations and discussions relating to the strike action (e.g., acknowledging what has happened/is happening, how it was resolved, plans for the future). When messages are aligned, it is easier for employees to trust what is being said and relate to it.
- **Equip managers to encourage two-way** dialogue with employees: Provide talking points and aids to support them and ensure there is a process in place for sharing the feedback they receive upward to senior leaders. Managers play a critical role in amplifying, reinforcing and making messages relatable to employees across the business.

Recommitting to a path forward together

Once the strikes conclude, formal negotiations are finished and action points identified, what's next?

Setting a clear path for the future, and ensuring employees are included on this journey, will ensure that employees are motivated to move forward and understand what's expected of them and of their leaders. Globally, we see 6.5x higher levels of engagement when employees feel leadership is providing clear direction for the future.

To recommit to a path forward together, leaders need to develop a clear recovery strategy using the insights gained through exchanges with the impacted employees.

- Start by acknowledging the needs of employees and show acceptance of any mistakes that were made when aiming to meet these needs or throughout the negotiations. Moving forward without acknowledging how you got here can feel insincere.
- Leaders need to provide clarity and direction on expectations of workers and what will be done differently moving forward.
- Leaders will need to build resilience to withstand future challenges emotionally and practically. When building resilience, it is important to consider both individual and collective resilience. Individual resilience enables one to successfully adapt to difficulty or challenges, whereas collective resilience helps teams bounce back from challenges and provides them with the ability to withstand and overcome stressors in a manner that leads to sustained performance, making resilient teams more adaptive, flexible and collaborative. 5 Both are equally important to collectively moving forward following strike action.



Of course, strikes don't need to be inevitable. Organizations can prevent future strike action through sustained connectivity with the workforce. Employee engagement surveys can be an effective mechanism for gaining regular insight into the challenges that employees are facing. The feedback gathered can help to identify opportunities for change or even simple enhancements to the way organizations are currently connecting with their people and teams. Employee engagement surveys should supplement, rather than replace, some of the more direct channels for connecting with the workforce that are outlined above. 360 surveys are also a useful tool to gauge how trust and connection is perceived in the organization and enable leaders to take action by fixing problems before employees feel the need to take more dramatic steps in order to be heard.

We are living in a new era where organizations need to evolve with the changing needs and expectations of their employees. In order to prevent future strike action, leaders need to re-engage their workforce and focus on developing a holistic, dynamic and ongoing approach to listening, dialogue and change. A single intervention will not foster that sense of community and commitment from employees to stop this happening again, and again, and again. The time to act is now.

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^{4.} https://ec.europa.eu/eurostat